

Respite Program



Respite programs outside of the home and provide a range of benefits for both the individuals themselves and their families of caregivers, Toronto IBI's respite program will explore a weekly theme with various motor activities and crafts to include a combinations of table-top instruction, joint play and social skills opportunities.

Benefits of Respite

For Individual:

- Social Interaction
- Engagement and Stimulation
- Routines and Structure
- Recreational Activities

For Caregiver and Families

- Reduced Stress
- Time for Personal Tasks
- Improved Mental Health
- Increase Patience and Energy

Program Hours

9:00 am to 1:00 pm

6 Week Sessions

Age Range

JK to Grade 4

****Requirement:** must be able to independently eat meals/snack, use the washroom (or in pull ups)

Grouping Structure

Group A

Price: \$1,200

- Can follow simple directions from any adult or peer
- Tolerate social environments with rules and structured activities
- Join group instruction activities for 15-20 minutes
- Can speak using sentences and requests accordingly
- Possesses varying fine motor skills (pincer grip, hand eye coordination etc)

Group B

Price: \$1,500

- Working towards developing functional communication skills
- Limited vocalization requests
- Needs adult support in larger groups and social environments

Note: Intake form will determine if child is placed in Group A or B

Toronto IBI: Autism Services in Greater Toronto Area



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